

News for our valuable patients

None of our neighbors or their children should ever have to go without healthcare

Serving Summit County and neighboring counties since 1993

Donate Now!

Diabetic support group

Do you or does someone you love have diabetes? Are you unsure of how to manage your care for diabetes? Do you have questions about A1C? Or do you just need some support in managing your diabetes diagnosis?

Please join us for the diabetic support group! For your family, we cover topics like nutrition, eye/feet/ teeth care exercise, medication management, and more!

When: January 9th at 5 PM and going forward, the second Thursday of the month

Where: Ten Mile Room on the second floor in the Medical Office Building

Interested but have more questions? Please contact one of the Health Navigators at the clinic to learn more OR ask your provider at your next office visit.



Oral health and pregnancy

We often think of the mouth and body separately. We go to the dentist for our teeth and the doctor for everything else in our bodies. Most people think of pregnancy no differently, but the importance of dental visits during this exciting time cannot be understated!

Even though cavities and periodontal disease don't typically hurt unless the disease process has advanced, if you are pregnant, don't delay on your dental visits. Seek the advice of a dental professional with an exam and cleaning at least twice a year. **Don't wait until it hurts!**

Schedule your dental appointment by calling: 970-668-4055



IS OPEN!

Make sure you check out the new insurance rates and find out if you qualify for tax credits and subsidies.

Here's what you need to know

- Open enrollment: November 1 December 15, 2020 for plans beginning on January 1, 2020. If you sign up between December 15, 2019 and January 15, 2019, your plan begins on February 1, 2020.
- The FIRC (Family Intercultural Resource Center)
 has a team of official Health Navigators and can
 help you find the plan(s) that are right for you and your family.
- You can also find information and sign up via<u>Connect</u> for Health Colorado, the state's health insurance marketplace.

And don't forget, the Care Clinic accepts insurance, Medicare, Medicaid and CHP+ and we offer services for the unisured.



Do you have questions about vaping?

There's a lot of information out there about vaping and its health affects and it can be confusing. We partnered with the University of Colorado, Colorado Cancer Coalition, National Jewish Health, Colorado Cancer Screening Program and the Summit County Public Health to share the latest information about the current status of vaping, tobacco, and cigarettes.

Find out more by watching: https://www.youtube.com/watch?
v=lWxEybfyVec&feature=youtu.be











School Based Health Centers in Summit, Lake and Park Counties

School Based Health Centers (SBHC) provide quality medical care, oral health and behavioral health services where your children are....at their school!

School Based Health Centers *remove the barriers of time and travel* for both students and parents, increasing student seat time and academic performance.

SBHC Services are *available for all* School District Students, Staff, and Families!

Financial Arrangements

- SBHC accepts Private Insurance
- Medicaid and CHP+
- Summit Community Care Card
- Uninsured students have access to a sliding fee scale

For appointments at any of our School Based Health Centers, call: 970-668-4040



Do you shop at **City Market**? Do you want to give back to the Care Clinic? If you said "yes," it's easy to sign up, just <u>follow this link</u>, and use Care Clinic code QE113. Then, every time you shop and use your City Market card, they donate money back to the Care Clinic!

And...if you shop on **Amazon**, please use **Amazon Smile** and pick the Summit Community Care Clinic as your charity. They will donate a portion of your purchases to us!



Way to go Dr. Revis!

Congratulations to Dr. Gabja Revis, DMD, for being selected to receive a Corps Community Day Award from the National Health Service Corp for her outstanding leadership, collaboration and service in healthcare! She is a valuable member of our dental team and we are proud of her accomplishments.



The Summit Community Care Clinic (970) 668-4040

STAY CONNECTED

